

**COUNTY OF LOS ANGELES DEPARTMENT OF MENTAL HEALTH  
QUALITY IMPROVEMENT DIVISION  
CULTURAL COMPETENCY COMMITTEE MEETING MINUTES**

**Date:** January 8, 2014

**Present:** Adrienne Shilton, CiMH; Andrea Nuttall, Torrez Martinez Tribal TANF; Andy Vigil, Drew Child Development; Angelita Diaz Akahori, PSB-WET; Ann Lee, SA8 Administration; Aprill Baker, SA6 QA Liaison; Bruce Wheatley, CCC Co-Chair/Inner City Industry; Chandlen Norton, DMH Older Adults; Debbie Innes-Gomberg, DMH-MHSA; Dennis Murata, PSB Deputy Director; Dulce Ortega, DMH-HR (Intern); Haydeh Fakhrabadi, OASOC; Helena Ditko, Family Engagement ASOC; Isidoro Gonzalez, DMH-ASOC; Kevin Tsang, DMH OASOC; Leticia Ximenez, CCC Co-Chair/DMH CGRD; Luis Escalante, PSB-WET; Luis Garcia, Tri-City MHS; Marc Borkheim, PSB-QID/CC; Mary Lopez, Torrez Martinez Tribal TANF; Mirtala Parada Ward, PSB-QID; Patsy Ayala (representing Susan Moser), DMH-HRB; Rosina Guzman-Ehrlich, NAMI Westside LA; Roxana Linares, PSB-QID; Sandra Chang Ptasinski, PSB-QID; Tomas Martinez, Pepperdine University; Trudy Washington, PSB-QID; Yue Hua Xu (Vicki), DMH SA3.

**Participants via Webex:** William Owens, DMH SA1; Phil Wang, Gateway Hospital.

Agenda Items	Comments/Discussion/Recommendations/Conclusions	Action Item	Person(s) Responsible
<b>Welcome &amp; Introductions</b>	Attendee introductions		
<b>Review of Minutes</b>	December minutes reviewed and approved.		Co-Chairs
<b>Ethnic Services Manager Update</b>	<ul style="list-style-type: none"> <li>Cal-MESA is spear-heading CRDP cultural responsiveness projects. There will be one project for each CRDP population.</li> <li>Example of projects include: <ul style="list-style-type: none"> <li>Latino: School curriculum to guide teachers and counselors on becoming more knowledgeable of how mental health problems can be masked as behavior problems.</li> <li>API: O&amp;E brochures on stigma, suicide prevention and student mental health specific to diverse API communities.</li> </ul> </li> </ul>		Sandra Chang Ptasinski Ph.D., PSB-QID



	<p>White (non-Hispanic) ethnicities with American Indian/Alaskan Native ethnicities being the lowest.</p> <ul style="list-style-type: none"> <li>• <u>MHSA Designates Funding for Workforce, Education, and Training.</u> <ul style="list-style-type: none"> <li>○ Workforce Recruitment and Retention: <ul style="list-style-type: none"> <li>- Financial Incentive Programs</li> <li>- Mental Health Career Pathways and Employment Pathway Programs</li> </ul> </li> <li>○ Workforce Training: <ul style="list-style-type: none"> <li>- Residency and internship programs</li> </ul> </li> <li>○ State and local efforts <ul style="list-style-type: none"> <li>- Mental Health Loan Assumption Program (MHLAP)</li> <li>- San Diego County's School-Based Pathway Program</li> <li>- Diversity of Health Sciences High and Middle Colleges</li> </ul> </li> </ul> </li> <li>• <u>Benefits of Creating a "Diversified" Workforce</u> <ul style="list-style-type: none"> <li>○ Diversity staff needs to be a priority.</li> <li>○ Research in the business sphere confirms better performance from a heterogeneous workforce.</li> <li>○ Empirical research in educational settings supports the assertion that there are significant individual and social benefits to be gained from having diversity.</li> <li>○ There is a dearth of research on the benefits of workforce diversity in relation to mental health.</li> </ul> </li> <li>• <u>Health Care Reform: Meeting Capacity Demands</u> <ul style="list-style-type: none"> <li>○ CA's Health Benefits Exchange (Covered California) is designing marketing and outreach based on its understanding of Californians' attitudes and desires for coverage including targeted outreach to CA's ethnic communities</li> </ul> </li> </ul>		
--	--	--	--

	<ul style="list-style-type: none"> <li>○ California's geography presents unique challenges</li> <li>○ Counties and community based mental health agencies need to prepare for additional clients</li> <li>• <u>California's Uninsured Population</u> <ul style="list-style-type: none"> <li>○ 46% Latino, 33% White, 14% Asian, 4% African American, 3% Other</li> </ul> </li> <li>• <u>Next Steps</u> <ul style="list-style-type: none"> <li>○ Document workforce development and deployment efforts statewide</li> <li>○ Revise the Five-Year Workforce Education and Training Plan</li> <li>○ Track California's progress in Health Care Reform Implementation</li> <li>○ 5-Year Strategic Plan</li> </ul> </li> <li>• <u>Recommendations</u> <ul style="list-style-type: none"> <li>○ Develop a communication plan for California's public mental health workforce development efforts: conferences, forums, state and federal advocacy venues.</li> <li>○ Advocate to increase federal financial relief for mental health occupations, increasing eligibility for occupations that require two years of education beyond high school</li> <li>○ Expanding the Mental Health Workforce Talent Pool</li> </ul> </li> <li>• If the Pipeline works... <ul style="list-style-type: none"> <li>- Increased representation</li> <li>- Meaningful opportunities for Californians</li> <li>- Culture and linguistic skills</li> <li>- Community knowledge and service</li> <li>- Healthier communities</li> <li>- Prosperity</li> <li>- Engaged voters</li> <li>- Better community relations</li> </ul> </li> </ul>		
--	---	--	--

	<ul style="list-style-type: none"> <li>• <u>Los Angeles County MHSA FY 12-13 Consumers Served Data</u> <ul style="list-style-type: none"> <li>○ Consumers Served by Community Services and Supports Plan: <ul style="list-style-type: none"> <li>- 97,370 unique clients received a direct mental health service through a CSS program</li> <li>- Of those unique clients served, 25,093 were new Clients to the system: <ul style="list-style-type: none"> <li>~ 42% were Latino</li> <li>~ 25% were African American</li> <li>~ 22% were White</li> <li>~ 4% were Asian</li> </ul> </li> </ul> </li> </ul> </li> <li>• Prevention and Early Intervention (PEI) Plan: <ul style="list-style-type: none"> <li>- 73,140 unique clients served <ul style="list-style-type: none"> <li>~ 58% Latino</li> </ul> </li> <li>- 38,154 new clients received PEI services. Of those clients: <ul style="list-style-type: none"> <li>~ 59% were Latino</li> <li>~ 18% were African America</li> <li>~ 15% were White</li> </ul> </li> </ul> </li> <li>• <u>Our Future Behavioral Health System</u> <ul style="list-style-type: none"> <li>○ Focus on early intervention and short-term interventions.</li> <li>○ Focus on the elderly with chronic illnesses</li> <li>○ Focus on increasing access and capacity.</li> </ul> </li> </ul>		
<b>Next meeting</b>	Wednesday, February 12, 2014, 1:30pm to 3:30pm, 550 S. Vermont Ave, 10 <sup>th</sup> floor conference room, Los Angeles, CA 90020		

Respectfully Submitted,